

FREQUENCY	PLACE	USE
118.000	Nationwide	Air-Air Display Coordination
118.000	Nationwide	Civilian Air-Air
118.000	Nationwide	Crunchie Flight Team
118.000	Nationwide	Marlboro Aerobatic Display
118.000	RAF Mildenhall	100th Refuelling Wing
118.025	Leeds/Bradford Airport	ATIS
118.050	Birmingham International	Ground control
118.050	Birmingham International	Radar/Approach
118.050	North Sea	Frigg Oilfield Deck
118.075	Barra, Scotland	AFIS
118.075	London City Airport	Tower
118.100	Aberdeen(Dyce Airport)	Tower
118.100	Farnborough	Air Show Tower
118.100	Penzance Heliport	Tower
118.150	Prestwick Airport	Tower
118.150	RAF Wittering	Tower
118.160	Plymouth	Tower
118.200	RAF Lossiemouth	Radar/Tower
118.200	Rafconnisby	Departures
118.200	Ronaldsway, Isle of Man	radar
118.200	Southampton Airport	Tower
118.250	Brittas Bay, Eire	Air/Ground (Brittas Bay Radio)
118.250	Sumburgh Airport	Tower
118.275	Fishburn	Air/Ground.
118.275	Middle wallop (Army)	Approach/Tower
118.300	Belfast (Aldergrove)	OFIS
118.300	Birmingham International	Tower
118.300	Kirkwall Airport	Tower/Approach.
118.325	Ipswich Airport	AFIS
118.350	Derby	Air/Ground
118.411	Belfast (Aldergrove)	Radar
118.420	RAF Lyneham	Approach/Radar (director)
118.426	Wroughton	Approach
118.500	Dublin Airport	DUBLIN FIS
118.500	London, Heathrow	Control Tower
118.550	Jersey Airport	Radar
118.575	Manchester Airport	Radar Standby
118.575	Manchester Airport	ATC Arrivals
118.600	Dublin Airport	Tower
118.626	Manchester Airport	Tower Old Runway
118.700	Edinburgh Airport	Tower
118.700	Shannon Airport	Tower
118.800	Cork Airport	Radar Replaced by 119.9 Now BU Frequency
118.800	Glasgow Airport	Tower
118.850	Teesside Airport	Approach/Radar

118.867	Brest Control	
118.876	Oxford (Kidlington)	Tower/AFIS
118.900	Guernsey	Radar
118.900	Kemble	AFISO Kemble Information
118.900		Tower
119.000	Isle of Man (Ronaldsway)	Tower
119.000	RAF Brize Norton	Radar
119.000	RAF Mildenhall	100th Refuelling Wing
119.000	Shetlands	East Shetland Information
119.000	USAF Fairford	Approach
119.100	Glasgow	Radar
119.125	Humberside Airport	Approach/Tower/Radar
119.125	RAF Newton	Tower
119.150	USAF Fairford	Tower
119.200	Benbecula	Approach/Tower/FIS
119.225	RAF Lyneham	Tower
119.250	Coventry Airport	Approach Tower
119.275	Sandown, Isle of Wight	Air/Ground
119.300	Cork Airport	Tower
119.300	Hatfield Aerodrome	Radar
119.300	RAF Kinloss	Approach
119.325	Exeter Airport	ATIS
119.350	Dornoch Aerodrome	Approach (Lossiemouth)
119.350	Norwich Airport	Norwich Airport
119.350	RAF Kinloss	Departures
119.350	RAF Lossiemouth	Approach (LARS/MATZ)
119.375	RAF Cranwell	Approach/Radar
119.400	Blackpool	Tower
119.400	Haydock park	Approach
119.400	Manchester Airport	Approach/Radar (Director)
119.400	Woodford (Bae)	Radar (Manchester)
119.425	Stubton Park	Air/Ground
119.450	Hinton in the Hedges	Air/Ground
119.450	Jersey Airport	Tower
119.450	Prestwick Airport	Radar
119.475	Bournemouth (Hurn)	Approach/Radar
119.475	Bournemouth (Hurn)	Radar
119.475	RAF St Athan	Cardiff Information
119.550	Dublin Airport	Approach
119.550	Shipdam	Air/Ground/AFIS
119.700	Newcastle	Tower
119.700	Swansea Airport	Air/Ground
119.700	Wick	Air/Ground
119.725	London Heathrow	Approach director
119.750	Perranporth	Air/Ground
119.750	RAF Woodvale	Tower

119.775	West drayton	London Control
119.800	Exeter Airport	Tower
119.800	Perth	Air/Ground/AFIS
119.800	Teesside Airport	Tower
119.850	Burtonwood now closed	US Army Helicopters
119.850	Liverpool Airport	Approach/Radar
119.875	Prestwick	Scottish ACC (Information)
119.875	St Andrews (RAF)	Scottish Information
119.900	Cork Airport	Approach
119.900	London Heathrow	Radar
119.925	Dublin	Approach
119.950	Blackpool	Approach/Radar
119.950	Guernsey	Tower
119.975	RAF Coningsby	Tower
120.025	West Drayton	London Control
120.075	North Sea	Pickerill Oil Field Deck
120.075	North Sea	Trent Oil Field Deck
120.075	North Sea	Tyne Oil Field Deck
120.075	North Sea	Viking Oil Field Deck
120.075	RAF Colerne	Approach/Tower
120.125	East Midlands Airport	Radar
120.150	North Coates	Air/Ground
120.200	Shannon Airport	Approach
120.250	Barton Aerodrome	Air/Ground
120.250	Panshanger	Air/Ground
120.255	Solent	Intraerial Contact Frequency
120.275	Redhill Aerodrome	Tower/AFIS
120.300	Jersey airport	Approach/Radar
120.300	Leeds/Bradford International	Leeds Tower
120.308	Leeds/Bradford	Tower
120.325	Peterborough (Sibson)	MATZ and LARS
120.325	RAF Northolt	Departure
120.400	London Heathrow	Approach
120.400	London, Heathrow	Approach
120.425	RAF Barkston Heath	Tower
120.450	Jersey Airport	Air Traffic Control
120.450	North Sea	Oil Rig Heliport Common
120.500	RAF Leeming	Talkdown
120.525	Biggin Hill	Speedbird Ops
120.525	West Drayton	London Control ACC
120.575	Luton Airport	ATIS
120.600	Cumbernauld Airport	AFIS
120.625	High Easter Aerodrome	Approach (Stansted)
120.625	West Drayton	London Control
120.700	Lydd Airport	Air/Ground/AFIS
120.700	Woodford (BAe)	Approach/Tower

120.725	RAF Valley	ATIS
120.750	RAF Shawbury	Radar
120.800	RAF Coningsby	Approach (LARS and MATZ)
120.825	Nationwide	Red Arrows Display Team
120.850	Ronaldsway, Isle of Man	Approach/Radar
120.900	RAF Benson	Radar
120.925	Cork Airport	ATIS
120.925	Fowlemere	Air/Ground
120.975	Gloucestershire Airport	Radar
121.000	RAF Woodvale	Approach
121.075	Cheltenham Racecourse	Helicopter
121.075	Duxford	Air Display Channel
121.075	Silverstone	Air/Ground
121.100	Dublin Airport	Approach
121.100	Henlow	Air/Ground
121.125	Prestwick Airport	ATIS (Information)
121.125	RAF Mildenhall	Air to Air Tanker Flights
121.175	Farnborough Airshow	CAA Events special use
121.175	Nationwide	CAA Events Air to Ground
121.175	North Weald	Display Frequency
121.200	Edinburgh Airport	Approach/Radar
121.225	West Drayton	London Control
121.250	Plymouth Military RN	Radar
121.275	West Drayton	London Control
121.300	Glasgow	Radar
121.300	Lochaber	Air Ambulance
121.325	West Drayton	Inbound
121.325	West Drayton	London Control TMA
121.350	Manchester Airport	Radar
121.400	Shannon Airport	Approach
121.500	Liverpool Airport	Radar
121.500	Nationwide	Civil Aviation Director
121.500	Nationwide	Maritime Emergencies
121.600	Aberdeen (Dyce Airport)	Fire Channel
121.600	Birmingham International	Fire Service
121.600	Bournemouth Airport	Fire Service
121.600	Cambridge Airport	Fire Service
121.600	Coventry Airport	Fire Service
121.600	Derry Airport	Fire Service
121.600	East Midlands Airport	Fire Service
121.600	Edinburgh Airport	Fire Service
121.600	Farnborough	Fire Service
121.600	Glasgow Airport	Fire Service
121.600	Gloucestershire Airport	Fire Service
121.600	Isle of Man	Fire Service
121.600	Jersey Airport	Fire Service

121.600	Liverpool Airport	Fire Service
121.600	London, Gatwick	Fire Service
121.600	Manchester Airport	Fire Service
121.600	Manston	Fire Service
121.600	Nationwide	Airfield Fire & Rescue
121.600	RAF Brize Norton	Crew Commander
121.600	RAF Lyneham	Crew Commander
121.600	Sumburgh	Fire Service
121.600	Woodford (BAe)	Fire Service
121.700	Aberdeen (Dyce Airport)	Ground
121.700	Bournemouth (Hurn)	Ground
121.700	Cork Airport	Tower
121.700	Coventry Airport	Ground
121.700	Glasgow	Ground
121.700	London Heathrow	Ground
121.700	Manchester Airport	Delivery/Ground
121.700	Nationwide	CAA events (rarely used)
121.700	Shannon	Clearance Delivery
121.700	Sheffield City Airport	ATIS
121.725	RAF Brize Norton	Ground
121.725	Stansted	Ground
121.750	Belfast (Aldergrove)	Ground
121.750	Blackpool	ATIS
121.750	Edinburgh Airport	Ground
121.750	Luton Airport	Ground
121.775	Southampton Airport	Ground
121.775	Wycombe Air Park	Ground
121.800	Birmingham International	Ground
121.800	Cork Airport	Ground
121.800	Dublin Airport	Ground
121.800	Guernsey	Ground
121.800	Guernsey	Ground
121.800	Leeds/Bradford Airport	Delivery
121.800	London, Gatwick	Ground
121.800	Prestwick Airport	Tower
121.800	Shannon Airport	Ground/Tower
121.800	Southend Airport	ATIS
121.800	West Drayton	London Control TMA
121.850	Aberdeen (Dyce Airport)	ATIS
121.850	London Heathrow	ATIS (departures)
121.850	Manchester Airport	Ground
121.850	Wroughton	PFA Delivery
121.875	Cranfield	ATIS
121.875	Dublin Airport	Clearance/Delay
121.900	Connaught (Knock)	Ground
121.900	East Midlands Airport	Ground

121.900	Jersey Airport	Ground
121.900	London, Heathrow	Ground
121.925	Redhill Aerodrome	Ground (Airshows only)
121.925	Wroughton	PFA Ground
121.950	Bournemouth (Hurn)	ATIS
121.950	London, Gatwick	Clearance/Delivery
121.950	Oxford (Kidlington)	Ground
121.975	London, Heathrow	Clearance
121.975	Manchester Airport	ATIS (departures)
122.000	Baldonnell, Eire	Approach and Radar
122.000	Coventry Airport	Radar
122.000	Lashenden (Headcorn)	Air/Ground
122.000	North Sea	BP Buchan Field
122.000	North Sea	BP Cyprus Field
122.000	North Sea	BP Forties Field
122.000	North Sea	BP Gyda Field
122.000	North Sea	Caister Oil field...
122.000	North Sea	Unity Oil Field deck
122.000	RAF Mona	Air/Ground (weekends only)
122.025	North Sea	Murdoch Oil Field
122.050	Aberdeen (Dyce Airport)	British Airways
122.050	Liverpool Airport	Keenair Ops
122.050	Liverpool Airport	Keenair Ops
122.050	London	Jersey Air Ops
122.050	Naitonwide	Brymon Airways
122.050	North sea	Chevron Ninian Field
122.050	North Sea	Conoco Murchison Field
122.050	North Sea	Ninian Field
122.050	North Sea	Shell/Esso Auk Field
122.050	North Sea	Shell/Esso Fulmar Field
122.050	North Sea	Shell/Esso Kittiwake Field
122.050	North Sea	Thistle Field Deck
122.050	Nottingham Aerodrome	Hutchins Crop Spraying
122.050	Southend Airport	Heavilift Ops
122.050	Stapleford	Aeromega Ops (Helicopters)
122.075	Duxford	Information
122.075	Whitchurch (Tilston)	Air/Ground
122.100	Boscombe Down	Radar
122.100	Dishforth	Approach
122.100	Kirkcudbright Range	Kirkcoobree
122.100	N of 56N	Fisheries Protection
122.100	Nationwide	Military Tower Common
122.100	RAF Benson	Approach Radar
122.100	RAF Benson	Approach/Radar
122.100	RAF Church Fenton	Tower/Ground
122.100	RAF Colerne	Approach/Tower

122.100	RAF Coltishall	Approach/Tower
122.100	RAF Coningsby	Approach/Tower and Ground
122.100	RAF Cottesmore	Tower/Ground
122.100	RAF Cranwell	Tower
122.100	RAF Dishforth (Army)	Approach/Tower
122.100	RAF Honington	Tower
122.100	RAF Kinloss	Tower
122.100	RAF Leeming	Tower
122.100	RAF Leuchars	Tower/Ground
122.100	RAF Linton-On-Ouse	Tower/Ground
122.100	RAF Lyneham	Tower/Ground
122.100	RAF Marham	Tower
122.100	RAF Shawbury	Tower
122.100	RAF Spadeadam	Radar
122.100	RAF St Athan	Approach
122.100	RAF St Mawgan	Approach/Tower
122.100	RAF Ternhill	Tower
122.100	RAF Ternhill	Tower
122.100	RAF Topcliffe	Approach/Tower
122.100	RAF Topcliffe	Approach/Tower
122.100	RAF Valley	Tower/Ground
122.100	RAF Valley	Tower/Ground
122.100	RAF Wyton	Tower
122.100	RNAS Culdrose	Tower
122.100	RNAS Merryfield	Tower
122.100	RNAS Predannack	Tower
122.100	RNAS Yeovilton	Tower
122.100	Sligo	Tower/AFIS
122.100	USAF Fairford	Approach
122.100	USAF Lakenheath	Tower
122.100	Wattisham (Army Air Corp)	Tower
122.100	Yeovilton	Tower
122.125	Flotta Airfield	Tower
122.125	Leicester Aerodrome	Air/Ground
122.125	NorthSea	Hamilton Argyll Field
122.150	Aberporth (MoD)	AFIS
122.150	West Wales	Aberporth
122.175	North Sea	Mobil Beryl Field
122.175	Truweston Aerodrome	Air/Ground
122.200	Cambridge Airport	Tower
122.200	Gormanston, Eire	IAC Military Approach
122.200	Haverfordwest Aerodrome	Air/Ground
122.250	Caernarfon Aerodrome	Tower
122.250	North Sea	Shell/Esso Brent Field
122.250	Rochester Aerodrome	AFIS
122.275	Nationwide	CAA Calibrator Aircraft

122.275	Nationwide	Dutch F-16 Team Air/Ground
122.300	Alderney	Aurigny Airlines
122.300	Baldonnell, Eire	IAC Military Radar
122.300	Blackbushe	AFIS and Air/Ground
122.300	Nationwide	Aircraft Excercis...
122.300	Peterborough (Sibson)	Approach/Radar
122.325	North Sea	Hamilton Esmond Field
122.325	North Sea	Hamilton Forbes Field
122.325	North Sea	Hamilton Gordon Field
122.350	Audley End	Air/Ground
122.350	Brooklands	Air/Ground
122.350	Cardiff Airport	Operations
122.350	East Midlands Airport	Air Bridge Carriers Ops
122.350	Edinburgh airport	Execair Operations
122.350	Glasgow	Excecair
122.350	Grimsby (Cuxwold)	Air/Ground
122.350	Hethel	Air/Ground
122.350	Hitchin (Rush Green)	Air/Ground
122.350	Liverpool airport	Cheshire Air Training Ops
122.350	Lochaber	PLM Helicopters
122.350	London Heathrow	Gulf Air Terminal 3
122.350	Manchester Airport	Air Kilroe Ops
122.350	North Sea	Total Alwyn Field
122.350	Teeside Airport	Air Cam
122.360	Luton Airport	Reed Aviation
122.375	Humberside	Bond Helicopters
122.375	Morecambe Bay BP Field	Helicopters
122.375	North Sea	BP Magnus Field Deck
122.375	Peterhead/Longside	Air/Ground Bond Helicopters
122.375	Plockton Airfield	Air/Ground
122.375	Strubby Heliport	Air/Ground
122.395	North Sea	Magnus BP
122.400	Bantry, Eire	Air/Ground
122.400	Dounreay Aerodrome	Tower
122.400	Elstree Aerodrome	Air/Ground/AFIS
122.400	Scatsa Aerodrome	Radar
122.400	Weston (Dublin)	Air/Ground
122.425	Earls Colne	Air/Ground
122.450	Chichester	Military Police Helicopters
122.450	North Sea	Claymore & Tartan
122.450	North Sea	Occidental Claymore Field
122.450	North Sea	Occidental Claymore Field
122.450	North Sea	Saltire Oil Field Deck
122.450	North sea	Texaco Tartan Field
122.475	Nationwide	Aero Stars Formerly Red Stars
122.475	Nationwide	Hot air Ballooning

122.475	Nationwide	
122.475	West drayton	London Control SIDs
122.500	Bitteswell Aerodrome	Air/Ground
122.500	Farnborough (RAE)	Tower
122.500	Galway	A/G and AFIS
122.500	Llanbedr (MoD)	Tower/Radar
122.500	Weston-super-Mare	Tower
122.525	Ashcroft Farm	Air/Ground
122.525	North Sea	Clyde Oil Field Deck
122.525	North Sea	Hamilton Pipe Field
122.525	North Sea	Judy Oil Field deck
122.550	Dunsfold Aerodrome	Radar
122.550	Nationwide	Practice personal locator beacon
122.550	RAF Mildenhall	Tower
122.550	West Freugh (MoD)	Tower
122.600	Abbeysrule, Eire	Air/Ground
122.600	Castlebar, Eire	Air/Ground
122.600	Inverness Airport	Approach/Tower
122.600	Inverness Airport	Radar
122.600	Lerwick (Tingwall)	Air/ground and Air Ambulance
122.600	North Sea	Unionoil Heather Field
122.600	Seething Aerodrome	Air/ground
122.600	Sherburn-in-Elmet	Tower
122.600	White Waltham Aerodrome	Air/Ground
122.625	North Sea	Conoco Viking Field
122.650	North Sea	Nelson Oil Field Deck
122.675	Duxford	Ops
122.675	East Midlands Airport	ATIS
122.675	Scotland	Bonzai Sqn Air-air
122.700	Bodmin	Tower
122.700	Compton Abbas Aerodrome	Air/Ground
122.700	North Sea	Scott Oil Field deck
122.700	Northampton (Sywell)	AFIS
122.700	Silverstone	Tower
122.700	Tain Range (RAF)	Range
122.700	Tiree	AFIS
122.750	Cowden Range	Range Control
122.750	Donna Nook Range	Control
122.750	Highland Ranges (RAF)	Ranges
122.750	Nationwide	Dutch Military in...
122.750	Netheravon (Army)	Air/ground (Salisbury Plain)
122.750	North Coates	Air/Ground Donna Nook Range
122.750	Pembrey Range	Range
122.750	RAF Pendine	Range
122.750	Salisbury Plain (Army)	Ops
122.750	Wainfleet Range	Range

122.775	Crowfield Aerodrome	Air/Ground
122.775	Oaksey Park	Air/Ground
122.800	Baldonnel, Eire	Area Control
122.800	Stapleford	Air/Ground
122.825	Bruntingthorpe	Air/Ground
122.850	Cranfield	Approach/Tower
122.875	North Sea	Excalibur Oil Field
122.875	North Sea	Guinevere Oil Field
122.875	North Sea	Lancelot Oil Field
122.875	North Sea	Phillips Hewett Field
122.875	North sea	Galahad Oil Field
122.900	Dundee	Approach Tower
122.900	Gloucestershire Airport	Tower
122.900	Kilkenny	Air/Ground
122.900	London, Westland heliport	Tower (Battersea)
122.900	Long Marston Aerodrome	Tower
122.925	Fenland	Air/Ground and AFIS
122.925	North Sea	Phillip Ekofisk Field
122.950	Aberdeen (Dyce Airport)	Bristow Helicopters
122.950	Birr Aerodrome, Eire	Air/Ground (Birr Radio) Eire
122.950	London	Air Ambulance G-HEMS
122.950	Nationwide	Freemans Aviation
122.950	Nationwide	Helicopter DEPCON departure comms
122.950	Nationwide	Hospital Helipads
122.950	North Sea	Eko/Tees Pip Oil Field
122.950	North Sea	Kotter Oil Field
122.950	North Sea	Logger Oil Field
122.950	North Sea	Nam Nam Field
122.950	North Sea	Nam Noordwinning
122.950	North Sea	Penzoil Noordwinning
122.950	North Sea	Petroland Field
122.950	North Sea	Placid Placid Field
122.950	North Sea	Zanddijk
122.975	Marston Moor Aerodrome	Tower
123.000	Connemara Eire	Air/Ground
123.000	Eaglescott	Air/Ground
123.000	Halfpenny Green Aerodrome	FIS
123.000	Inisheer, Eire	Air/Ground
123.000	Inishman, Eire	Air/Ground
123.000	Inishmore, Eire	Air/Ground
123.000	North Sea	Ivanhoe Oil Field
123.000	Wolverhampton	AFIS
123.025	North Sea	Gryphon Oil Field
123.025	North Sea	Hamilton Ravenspurn North
123.050	Beverley (Linley Hill)	Tower
123.050	North Sea	Brent Oil Field log

123.050	North sea	North Cormorant log
123.050	North sea	Shell/Esso Eider Field
123.050	North sea	South Cormorant log
123.050	Nuthampstead, Royston	Air/Ground
123.050	Old Warden (Biggleswade)	Tower (display days only) and 130.7
123.050	RAF Leconfield	Leconfield rescue
123.050	Stevenage Aerodrome	British Aerospace
123.050	Wigtown	Tower
123.100	Baldonnel, Eire	Ground
123.100	London	Special Flypasts Air/Ground
123.100	Nationwide	Search & Rescue
123.100	Nationwide	Search & Rescue scene coordination
123.100	RAF Boulmer	Air/Ground
123.100	Scotland	Air Mountain rescue
123.150	Humber side Airport	Radar
123.150	Islay Airport	AFIS
123.150	Scilly Isles (St Marys)	Approach/Tower
123.150	Shoreham Aerodrome	Approach/Tower
123.150	Sumburgh Airport	Approach/Radar
123.175	Badminton	Air/Ground
123.200	Barrow (Walney Island)	Air/Ground
123.200	Enniskillen (St Angelo)	Air/Ground
123.200	Old Sarum	Air/Ground
123.200	St Angelo	Tower
123.220	Fadmoor Aerodrome	Air/Ground
123.225	North Sea	Arco Thames field
123.225	North Sea	Bruce Oil Field deck
123.250	Bagby (Thirsk)	Air/Ground
123.250	Bembridge, Isle of Wight	AFIS and Air/Ground
123.250	Southampton Airport	Zone
123.250	Welshpool	Air/Ground
123.275	Netherthorpe	Air/Ground
123.300	Dublin Airport	Dublin Militray ATC
123.300	Manchester Airport	ATC
123.300	Nationwide	Military Airfield Radar
123.300	RAF Barkston Heath	Talkdown
123.300	RAF Chru ch Fenton	Talkdown
123.300	RAF Cottesmore	Talkdown
123.300	RAF Cranwell	Talkdown
123.300	RAF Kinloss	Radar
123.300	RAF Leeming	Approach
123.300	RAF Leuchars	Tower/Radar
123.300	RAF Linton-On-Ouse	Radar
123.300	RAF Lossiemouth	Approach/Radar
123.300	RAF Lyneham	Talkdown
123.300	RAF Marham	Radar

123.300	RAF Odiham	Talkdown
123.300	RAF Shawbury	Talkdown
123.300	RAF St Athan	Talkdown
123.300	RAF St Mawgan	Radar
123.300	RAF Topcliffe	Talkdown
123.300	RAF Valley	Director/Talkdown
123.300	RAF Waddington	Director
123.300	RAF Wittering	Radar
123.300	RAF Coltishall	Radar
123.300	RAF Coningsby	Radar
123.300	RNAS Culdrose	Tower/Talkdown
123.300	RNAS Yeovilton	Director/Talkdown
123.300	Spanish Point, Eire	Air/Ground
123.300	Trim, Eire	Air/Ground
123.300	Wattishan (Army Air Corps)	Approach
123.300	Yeovilton	Talkdown
123.325	Kerry	Tower
123.350	Hatfield Aerodrome	Approach
123.350	Hawarden Aerodrome	Approach
123.350	Nationwide	CAA events (rarely used)
123.350	Nationwide	Red Star Racing Yaks Team
123.375	Morecambe Bay	British Gas Helicopters
123.375	Prestwick	Scottish Control TMA
123.400	Great Yarmouth (North Denes)	Approach, Tower and Air/Ground
123.400	Manchester Area Control Centre	Control
123.400	Nationwide	Air-Air
123.400	North sea	Dab Duc Skjold Field
123.400	RAF Lyneham	Approach/Radar (Zone)
123.400	RAF St Mawgan	Tower
123.425	Fairoaks	Tower and AFIS
123.450	Cark	Cark Radio
123.450	Errol Aerodrome	Drop Zone Control
123.450	Mull	Mull Traffic
123.450	Nationwide	100Sqd. Air to Air
123.450	Nationwide	Air-Air Common
123.450	Nationwide	US Navy C-12 Air to Air
123.450	North sea	Amoco Indefatigable Field
123.450	North Sea	Dab Duc Dan Field
123.450	North Sea	Dab Duc Gorm Field
123.450	North Sea	Marathon East Kinsale
123.450	North Sea	Marathon West Kinsale
123.450	North Sea	Rolf Oil Field deck
123.450	Unst (Saxa Vord)	Ops
123.475	Dunkeswell aerodrome	Air/Ground
123.475	Nationwide	Air Display Team Frece Tricolori

123.500	Baldonnell, Eire	Tower
123.500	Berwick-on-Tweed	Winfield Radio
123.500	Eggesford Aerodrome	Tower
123.500	Felthorpe Aerodrome	Tower
123.500	Nationwide	Air-Air
123.500	Newtonards	Air/Ground
123.500	North Sea	Sun Balmoral Field
123.500	Shobdon Aerodrome	Air/Ground
123.500	Stornoway Airport	Approach/Tower and AFIS
123.500	Swanton Morley Aerodrome	Air/Ground
123.500	Woodvale	Air/Ground
123.525	North Weald	Air/Ground
123.550	North Sea	Captian Oil field
123.575	North Sea	Tiffany Oil Field
123.600	Bellmullet, Eire	AFIS and Air/Ground
123.600	Belmullet,eire	AFIS and Air/Ground
123.600	Cambridge airport	Approach
123.600	Carlisle Airport	Approach/Tower and Air/Ground
123.600	North Sea	Shell/Esso Indefatigable Field
123.600	RAFSpadeadam	Danger area
123.600	Rathkenny	Air/Ground (Rathkenny Radio)
123.600	Scatsa Aerodrome	Approach/Tower
123.625	Ballykelly	Approach (Eglinton ATZ)
123.625	City of Derry Airport	Air/Ground
123.625	Londonderry	Approach
123.625	North Sea	Amoco Indefatigable Field
123.625	North Sea	Amoco Leman field
123.625	North Sea	Bessemer Oil fiel
123.625	North Sea	Camelot Oil Field
123.625	North sea	Davey Oil Field deck
123.625	North Sea	Shell/Esso Leman Field
123.625	North Sea	Shell/Esso Sean Field
123.625	North Sea	Thames Oil Field
123.650	Bournemouth	FRADU Flight Refuelling
123.650	Hatfield Aerodrome	Hatair Ops
123.650	Hayes Heliport	A/G (Macline Hayes)
123.650	Nationwide	Brymon Airways
123.650	North Sea	Beatrice Field deck
123.650	North sea	Brae Oil Field deck
123.650	North Sea	East Brae Oil Field
123.650	S of 56N	Fisheries Protection
123.720	RAF Brize Norton	Tower
123.725	Epson aerodrome	Tower
123.775	Nationwide	CAA Events (rarely used)
123.775	Prestwick	Scottish Control
123.800	Stansted	Tower

123.875	North sea	Maureen Oil Field
123.900	London, Heathrow	ATIS
123.900	West Drayton	London Control
123.925	Little stuaughton	Air/Ground
123.950	London Heathrow	Approach
123.950	Shannon	Shanwick Oceanic ACC
124.000	East Midlands Airport	Tower
124.000	East Midlands airport	Tower
124.025	Wellesbourne Mountford	Air/Ground
124.050	Prestwick	Scottish Control
124.075	Tatenhill Aerodrome	Air/Ground
124.100	Cardiff Airport	Radar
124.125	Humberside airport	ATIS
124.150	Little Snoring Aerodrome	Air/Ground
124.150	Nationwide	Army Helicopter Comms
124.150	Plymouth Military RN	Radar
124.150	RAF Marham	Approach
124.200	Manchester Airport	Manchester Air Traffic Control
124.225	London, Gatwick	Tower
124.250	Norwich Airport	Tower
124.275	RAF Brize Norton	Radar
124.275	West Drayton	London Control
124.325	Liverpool	ATIS
124.325	Liverpool Airport	ATIS
124.350	Bristol Airport	Radar
124.375	Newcastle Airport	approach
124.375	Newcastle Airport	Approach/Radar
124.375	Newcastle Airport	Radar
124.375	RAF Spadeadam	Danger Area
124.450	North Sea	Tyra Oil Field deck
124.500	Guernsey	Radar
124.500	Prestwick	Scottish Control
124.525	Dublin	ATIS
124.600	West Drayton	London Control FIR information
124.650	Dublin Airport	Area Control Centre
124.670	Hull (Mount Airy)	Approach Humberside
124.700	Galway, Eire	CAC
124.700	Shannon	Shannon Control
124.700	Sligo	CAC
124.700	Waterford	CAC
124.750	Pembrey Range	London information
124.750	Staxton Wold	Danger area
124.750	Trevoise Head (RAF)	Danger area information
124.750	West Drayton	London Control Information
124.800	Coventry Airport	Tower
124.825	Prestwick	Scottish Control

124.900	Belfast (Aldergrove)	Approach
124.900	Humberside Airport	Tower
124.950	Chester Garrison	Army Helicopter
124.950	Filton (BAe) Bristol	Approach/Radar
124.950	Hawarden Aerodrome	Tower
124.975	Cambridge airport	Radar
124.975	Cambridge Airport	Radr
125.000	Dishforth	Approach
125.000	Dublin Airport	Dublin VOLMET
125.000	RAF Topcliffe	Director
125.050	Southend Airport	Radar
125.100	Manchester Airport	Manchester Air Traffic Control
125.125	RAF Northolt	ATIS
125.175	North Sea	Markham Oil Field...
125.175	North Sea	Noordwinning Oil Field
125.175	North sea	Noordwinning/Zandijk Field
125.175	North Sea	Petroland Oil Field
125.175	North Sea	Placid Oil Field
125.200	Jersey airport	Air Traffic Control
125.250	Farnborough (RAE)	Radar
125.250	Lasham	Approach (Farnborough)
125.300	Ronaldsway, Isle of Man	Radar
125.325	Oxford (Kidlington)	Approach
125.350	Alderney	Tower
125.350	RAF Waddington	Zone
125.400	Chalgrove	Tower
125.400	Shoreham Aerodrome	Tower (when directed)
125.400	Yeovil (Westland)	Tower and Air/Ground
125.425	RAF Syerston	Air/Ground
125.475	West Drayton	London Control Information
125.500	RAF Fairford	International Air Tattoo Base Ops
125.500	RAF St Mawgan	Approach
125.550	St Mawgan	Approach
125.550	Stansted	Tower
125.575	Glasgow	Approach/Radar
125.600	Bournemouth (Hurn)	Tower
125.625	London Heathrow	Radar & SVFR
125.650	Gloucestershire Airport	Approach
125.650	West Drayton	London Control North Sea
125.657	Prestwick	Scottish Control
125.725	Prestwick Airport	Scottish VOLMET
125.750	Manston	Tower
125.800	Wattisham (Army Air Corps)	Approach
125.800	West Drayton	London Control Radar
125.850	Cardiff Airport	Approach/Radar
125.850	RAF St Athan	Approach

125.850	Sumburgh Airport	ATIS
125.875	Raf Northolt	Talkdown
125.900	Campbeltown	Flight Information
125.900	RAF Coltishall now closed	Director
125.950	Manchester Airport	Manchester Air Traffic Control
126.025	Bristol Airport	ATIS
126.050	Coventry Airport	ATIS
126.075	West Drayton	London Control
126.100	Prestwick	Highland Radar
126.100	Sumburgh	Radar (North Sea Offshore)
126.125	Bristol Airport	ATIS
126.150	Nationwide	RAF Flight Checker
126.250	Prestwick	Scottish Control Information
126.275	Birmingham international	ATIS
126.300	Prestwick	Scottish Control 21:45 to 07:00
126.300	West Drayton	London Control Inbound
126.350	Canterbury	Traffic Information
126.350	Liverpool Airport	Tower
126.350	Manston	Approach/Radar (LARS and MATZ)
126.450	RAF Northolt	Approach
126.500	RAF Church Fenton	Approach (MATZ)
126.500	RAF Fairford	Tower (Airshows only)
126.500	RAF Leuchars	Approach (LARS and MATZ)
126.500	RAF St Mawgan	Approach (LARS and MATZ)
126.500	Trevoise Head (RAF)	Danger area Information
126.550	North Weald	Fighter Grouping Meet
126.550	Wycombe Air Park (Booker)	Tower
126.600	Manchester Airport	London VOLMET (North)
126.650	Manchester Airport	Manchester Air Traffic Control
126.700	Bsocombe Down (MoD)	Radar
126.700	Coventry airport	ATIS
126.725	Luton Airport	Approach/Radar
126.825	London Gatwick	Approach (Director)
126.850	Prestwick	Scottish Control
126.875	West Drayton	London Control Information
126.950	Stansted	Radar
127.050	Nationwide	CAA Test Flights
127.100	Daventry	Daventry RC
127.100	West Drayton	London Control North Sea
127.150	RAF Benson	Tower
127.250	RAF Brize Norton	Approach
127.250	USAF Fairford	Approach
127.275	Prestwick	Scottish ACC (information)
127.300	West Daryton	London Control Irish Sea
127.350	RAF Waddington	Radar (LARS and MATZ)
127.350	RNAS Yeovilton	Approach/Radar

127.350	Yeovil	Radar (LAKS)
127.425	West Drayton	London Control Up...
127.450	West Drayton	London Military Northwest
127.475	Gloucetershire Airport	ATIS
127.500	Shannon Airport	ACC
127.575	Deanethorpe	Approach
127.650	Shannon Airport	Shanwick Oceanic ACC
127.650	West Drayton	Oceanic Clearance East of 30W
127.700	Daventry/ Northampton	Daventry Radar Corridor
127.725	Southend Airport	Approach/Tower
127.750	Nationwide	Air UK Company Channel
127.750	RAF Leeming	Approach/Director
127.875	West Drayton	London Control
127.900	Shannon	Shanwick Oceanic ACC (Shanwick Radio)
127.900	West Midlands	Air Ambulance
127.975	Warton (BAe)	Ops
128.025	London City Airport	Radar/City Radar
128.050	Manchester Airport	Area Control Centre
128.100	St Kilda	Tower
128.175	Manchester Airport	ATIS
128.200	Belfast (Aldergrove)	ATIS
128.250	Southampton Airport	Radar
128.250	West Drayton	London Military
128.300	Aberdeen (Dyce Airport)	Radar
128.300	Netheravon (Army)	Drop Zone Radio
128.300	Netheravon (Army)	Information
128.325	Norwich Airport	Radar
128.375	Huddersfield (Crossfield Moor)	Air/Ground
128.400	Farnborough	ATIS
128.425	West Drayton	London Control
128.500	Duxford	Air Display Channel
128.500	Fairford	IAT Ukraine Team SU27 ops
128.500	Prestwick	Scottish Control TMA
128.525	doncaster	Tower/Approach
128.550	Bristol Airport	Approach
128.550	Clonbullogue,Eire	Air/Ground
128.600	West Drayton	London VOLMET (South)
128.620	Norwich airport	ATIS
128.650	Alderney	Approach (Geurnsey)
128.650	Geurnsey	Approach
128.675	Manchester Airport	Pennine Radar
128.700	West Drayton	London Control
128.700	West Drayton	London Military Radar
128.750	Luton Airport	Approach/Radar
128.775	Doncaster	Tower

128.850	Nationwide	Eastern Airlines ...
128.850	Southampton Airport	Approach (as directed) Radar
128.850	Teeside Airport	Radar
128.852	Stanford (Army)	Danger area
128.900	RAF Holington	Radar
128.900	USAF Lakenheath	Civil transit
128.950	Not Southend anymore	
128.975	Edinburgh Airport	Radar
128.975	Exeter Airport	Radar
129.025	Nationwide	Air France Company Channel
129.075	West Drayton	London Control
129.100	West Drayton	London Control
129.150	RAF Linton-On-Ouse	Air/Ground/Approach
129.175	Dublin	Area Control Cent...
129.200	West Drayton	London Control
129.225	Prestwick	Scottish Control
129.225	Wroughton	PFA Circuit
129.250	Nationwide	CAA Special Events
129.250	RAF Fairford	Tower (Airshows only)
129.375	West Drayton	London Control
129.400	Biggin Hill	Approach
129.425	bristol	London Control
129.450	Manston	Approach/Radar
129.450	Prestwick Airport	Approach
129.475	RAF Lyneham	Ground
129.475	RAF Lyneham	Ground
129.500	Nationwide	Delta Airlines Packet channel
129.500	Nationwide	Hang Gliders & balloons
129.525	Warton	Approach/Radar
129.525	Woodford (BAe)	Radar
129.550	Luton airport	Approach/Radar
129.575	Glasgow	ATIS
129.600	Nationwide	Delta Airlines Packet Channel
129.625	Nationwide	TWA Packet Frequency
129.650	North Sea	Statfjord Oilfield
129.700	Alderney	Trinity Lightship Heliport
129.700	Baldonnel, Eire	IAC Military Radar
129.700	Baldonnel, Eire	Talkdown
129.700	Blackbushe	A.T.S
129.700	Bristol Channel	Lundy South Trinity Lighthouse
129.700	English Channel	Bishops Rock Trinity Lighthouse
129.700	English Channel	Casquets Trinity Lightship
129.700	English Channel	Hanois Trinity Lightship
129.700	English Channel	Longships Trinity Lightship
129.700	English Channel	Round Island Trinity Lightship
129.700	English Channel	Royal Sovereign Trinity Lightship

129.700	English Channel	Smalls Trinity Lightship
129.700	English Channel	South Bishop Trinity Lightship
129.700	English Channel	St Anns Trinity Lightship
129.700	Glasgow	Northwest
129.700	Irish Sea	Skerries Trinity Lightship
129.700	Jersey Airport	Aviation Beauport ops
129.700	London,Heathrow	Mam Aviation
129.700	Milford Haven	Skokholm Trinity Lighthouse
129.700	Nationwide	Britannia Ops
129.700	Nationwide	Trinity House Heliport
129.700	North sea	Amoco Arbraoth Field
129.700	North Sea	Amoco Montrose Field
129.700	North Sea	Everest Oil Field
129.700	North Sea	Inner dowsing Trinity Lightship
129.700	North Sea	Lomond Oil Field
129.700	Prestwick	Flight Handling
129.700	Prestwick airport	Ogden Aviation
129.700	Seven Estuary	Flatholm Trinity Lighthouse
129.700	Southen Airport	Express Flight
129.725	Jersey Airport	Information
129.725	Lewes (Deanland)	Air/Ground
129.725	Peterborough Conington	Air/Ground
129.725	RAF Northolt	Tower
129.725	Warton (BAe), Bristol	Radar
129.750	Belfast (City)	Handling
129.750	Filton (BAe), Bristol	Rolls Royce ops
129.750	Nationwide	Air Express Ops
129.750	Nationwide	BMA Ops
129.750	Nationwide	Brymon Airways
129.750	Nationwide	Loganair Ops
129.750	Nationwide	Manx Ops
129.750	North Sea	Elf Aquataine Norge Frigg
129.750	North Sea	Kewanee Nordsee Field
129.750	North Sea	Total/Elf Frigg Field
129.750	Norwich airport	Air Uk Ops
129.750	Stansted	Servisair Ops
129.775	North Sea	Lennox Oil Field
129.775	North Sea	North Hamilton Oilfield
129.800	Bourn Aerodrome	Air/Ground
129.800	Brighton	Air/Ground
129.800	Donegal (Carrickfergus)	Tower/AFIS
129.800	Popham Aerodrome	Popham Radio
129.800	Truro Aerodrome	Air/Ground
129.820	Esholt	Air/Ground (Esholt Radio Weekends)
129.825	Cromer (Northrepps)	Air/Ground (Micro)
129.825	Insch Airfield	Air/Ground

129.825	Nationwide	Microflight Common
129.825	Swindon (Draycott)	Air/Ground
129.850	Chester Garrison	Army Helicopter Tower
129.850	Waterford	Tower and AFIS
129.875	Enstone Aerodrome	Air/Ground
129.875	Hethersett Aerodrome	Hethersett Radio
129.875	North Sea	Amethyst Field Deck
129.875	North Sea	BP Cleeton Field
129.875	North sea	BP Ravenspurn North Field
129.875	North Sea	BP West Sole Field
129.875	North Sea	British Gas Rough field
129.875	North sea	West Sole Oil Field
129.900	Cardiff	Tremorfa Heliport
129.900	Cockerham	Parachuting
129.900	Coonagh, Eire	Air/Ground
129.900	Langar Airfield	Drop Zone
129.900	Lasham Aerodrome	Glider Ops
129.900	Limerick (Coonagh)	Air/Ground
129.900	Liskeard	Civil Helipor
129.900	Nationwide	Air Ambulance
129.900	Nationwide	Hang Gliding
129.900	Nationwide	Hot Air Ballooning
129.900	Nationwide	RAF Formation Air/Air
129.900	North Sea	Eider Oil Field deck
129.900	North Sea	Phillips Eko/EMB Field
129.900	Pocklington	Base
129.900	Strathallan Aerodrome	Air/Ground
129.950	Ballykelly (Army)	Dropping Zone
129.950	North Sea	Conoco Oil rig
129.950	North Sea	North Comorant deck
129.950	North Sea	Shell/Esso Dunlin...
129.950	North Sea	Shell/Esso Tern field
129.950	North Sea	South Cormorant oilfield
129.950	Shetland Basin	Viking Approach
129.950	Sumburgh Airport	Helicopter Information
129.970	Tibenham	Air/Ground
129.975	Nationwide	Gliding
129.975	North Sea	Helicopter Common
129.975	North Weald	Gliders
129.975	Rufforth, York	Air/Ground
129.975	Swansea Airport	ATC Glider Training
130.000	Boscombe Down (MOD)	Approach/Radar
130.000	Boscombe Down (MoD)	Approach/Radar
130.000	Nationwide	Air-Air
130.000	Spalding (Crowland)	Tower
130.025	Biggin Hill	Srikair

130.025	London	Capital Radio Flying Eye ops
130.025	Nationwide	Dollar Air Metro
130.025	Southend Airport	British World Ops
130.050	Aberdeen (Dyce Airport)	Ground Staff
130.050	Farnborough (RAE)	Precision Approach radar
130.050	West Freugh (MoD)	Approach
130.050	Woodford	Tower
130.075	London, Gatwick	Servisair Ops
130.075	London, Heathrow	Air Malta Ops
130.075	RAF Brize Norton	Brize Ops
130.100	Ballykelly (Army)	Ballarena Ops
130.100	Bellarena	Air/Ground Gliders
130.100	Dishforth	Air/Ground Gliders
130.100	Long Marston Aerodrome	Tower
130.100	Nationwide	Gliders
130.100	Oban	Air/Ground
130.100	Peranporth	Glider Ops
130.100	Pocklington	Air/Ground Glider ops
130.100	RAF Dishforth (also Army)	Air/Ground
130.100	Strubby Aerodrome	Air/Ground (Strubby Base) gliders
130.100	Tribenham	Air/Ground (Gliders)
130.125	Nationwide	Glider Training
130.125	Scarborough	Air/Ground Glider ops
130.150	London, Heathrow	Emirates Ops
130.175	Blackbushe	Air Lynton Ops
130.175	Blackpool	Janes Ops
130.175	Blackpool	Lynton Ops
130.175	Cambridge Airport	Magnet Air
130.175	Cambridge Airport	Suckling Ops
130.175	Exeter Airport	Handling
130.175	Exeter Airport	Markair Ops
130.175	Liverpool airport	Emerald Ops
130.175	Liverpool Airport	Royal Mail Ops
130.175	London Heathrow	Ambassador Ops
130.175	London Heathrow	Corporate Jet Ops
130.175	London Heathrow	Gama Ops
130.175	Luton Airport	Signature Flight support ops
130.175	Manchester Airport	Ryan Air Ops
130.175	North Weald	Aceair Company channel
130.200	Cottesmore	Approach (LARS and MATZ)
130.200	Langar Airfield	Approach
130.200	North Sea	Alwyn North Oil Field
130.200	North Sea	Dunbar Oil Field
130.200	RAF Chivenor	Air/Ground
130.200	RAF Cottesmore	Approach/Director
130.200	RAF Wittering	Radar

130.250	East Midlands Airport	Donington Aviation
130.250	Hawarden Aerodrome	Radar
130.250	Henstridge	Tower
130.250	Nationwide	American Airlines packet channel
130.250	RAF Benson	Approach/Radar
130.250	Tresco	Civil Heliport
130.300	Nationwide	Aquilla Spanish Display Team alternate
130.300	Sturgate Aerodrome	Air/Ground
130.350	RAF Northolt	Radar (Director)
130.350	Unst (Saxa Vord)	Air/Ground
130.370	Blackbushe	Air Hanson Ops
130.375	Farnborough	Executive Ops
130.375	Manchester Airport	FLS Engineering Ops
130.375	Wick	Feullers (FarNor)
130.400	Edinburgh Airport	Approach (gliders)
130.400	Kilkenny	Air/Ground (Weekends only)
130.400	Nationwide	Gliders
130.400	Nationwide	Gliders Channel
130.400	Punchestown	Air/Ground (Parachute and glider ops)
130.400	Spalding (Crowland)	Tower (Gliders)
130.400	Thirsk (Sutton Bank)	Air/Ground (gliders)
130.425	Elmsett	Air/Ground (Elmsett Radio)
130.425	Halton Aerodrome	Air/Ground
130.425	Nationwide	Gliders
130.425	Nationwide	SAR Incident
130.425	Sandtoft Aerodrome	Tower
130.450	Glenrothes	Air/Ground
130.450	Skegness Aerodrome	Tower
130.450	Thrupton Aerodrome	A/G
130.475	London, Lippits Hill	Met Police Helicopter ops
130.475	Retford	Air/Ground
130.500	Castleforbes, Eire	Air/Ground
130.500	Farnborough Airshow	Helipad
130.500	Nationwide	Aquilla Spanish air display team Air/Air
130.500	Nationwide	CAA Events Air/Ground
130.550	Andrewsfield	Air/Ground
130.550	Brough Aerodrome	Tower and Air/Ground
130.550	North Sea	Amoco Vauxhall Field
130.550	North Sea	Phillips Albuskje oilfield
130.550	North Sea	Phillips Edda Field
130.550	North Sea	Phillips Ekofisk oilfield
130.550	North Sea	Phillips Eldfisk oilfield
130.550	North Sea	Phillips Tor Field
130.550	North Sea	Valhall Oil Field
130.575	London, Gatwick	Interflight Ops

130.575	London, Heathrow	Shell Ops
130.575	Nationwide	Phillips Airship Air/Ground
130.575	Stansted	Universal Air Handling
130.575	Woodford	BAe Ops
130.600	Aberdeen (Dyce Ai...)	Air Uk
130.600	Aberdeen (Dyce Ai...)	Servisair
130.600	Belfast (Aldergrove)	Servisair
130.600	Blackpool	Servisair
130.600	Bournemouth (Hurn)	Channel Express
130.600	Bristol Airport	Servisair
130.600	Cardiff Airport	Servisair
130.600	Edinburgh Airport	Servisair
130.600	Geurnsey	Servisair
130.600	Jersey Airport	Servisair
130.600	London, Gatwick	British Caledonian
130.600	London, Heathrow	Fields Aviation Ops
130.600	Manchester Airport	Servisair
130.600	Manston	KIA Ops
130.600	Nationwide	Brymon Airways Ops
130.600	Nationwide	Delta Airline Ops
130.600	Nationwide	Servisair
130.600	Newcastle Airport	Servisair
130.600	Stansted	Air Uk Leisure Ops
130.603	North sea	Phillips Cod Field
130.620	Stapleford	Stapleford Ops
130.625	Aberdeen (Dyce Ai...)	Granite Ops
130.625	Bristol Airport	Clifton Ops
130.625	East Midlands Air...	Donington Aviation ops
130.625	Ronaldsway, Isle of Man	Island Aviation
130.625	Southend Airport	British Air Ferries ops
130.650	Bournemouth (Hurn)	Services
130.650	Foulsham Aerodrome	Tower
130.650	Glasgow	Loganair Ops
130.650	Glasgow	Maersk Ops
130.650	Jersey Airport	Company Ops
130.650	Kyle of Lochalsh	RN Heliport
130.650	London, Gatwick	American Airlines
130.650	London, Gatwick	China Airlines
130.650	London, Gatwick	Handling
130.650	London, Gatwick	Korean Airlines
130.650	London, Gatwick	Northwest Orient
130.650	Luton Airport	Thames Valley Police
130.650	Manchester Airport	Aer Lingus Ops
130.650	Manchester Airport	Handling
130.650	Manchester Airport	LTU Ops
130.650	Manchester Airport	Northern Executive

130.650	Newcastle Airport	Samson Ops
130.650	Skye	Tower
130.650	Southampton Airport	Ops
130.675	Duxford	Air Display Channel
130.675	Nationwide	CAA Events Approa...
130.700	Connaught (Knock)	Tower
130.700	Land's End (St Just)	Tower/Approach and Air/Ground
130.700	London Heathrow	British Airways
130.700	Wroughton	Tower
130.725	Denham	Air/Ground and AFIS
130.725	North Sea	FRG/STFS Pipe
130.725	West Freough (MoD)	Radar
130.750	Belfast (City)	Tower
130.750	Boscombe Down (MoD)	Tower/Ground talkdown
130.750	Manchester Airport	Aer Lingus Ops
130.750	Woodford	Approach
130.775	Southend Airport	Air/Ground
130.800	English Channel	Fisheries Protection
130.800	Hatfield- warton aerodrome	Tower
130.800	Hucknall Aerodrome	Air/Ground
130.800	North Sea	Amoco NW Hutton Deck
130.800	North Sea	Conoco Hutton Deck
130.800	Warton (BAe)	Tower
130.800	Yeovil (Westland)	Approach/Radar (Judwin)
130.825	Nationwide	CAA Events (rarely used)
130.850	Belfast (City)	Approach/Radar
130.850	Little Gransden Aerodrome	Air/Ground
130.875	Nationwide	CAA Events Approach
130.875	North sea	Alba Oil Field deck
130.875	North Sea	Andrew Oil Field
130.875	North Sea	Kittiwake Oil Field
130.900	Chalgrove	Approach
130.900	NJationwide	Dutch F-16 Display team
130.950	Shannon Airport	ATIS
130.988		
131.000	Birmingham International	TEA Operations
131.000	Brimingham International	Radar
131.050	West Drayton	London Control North East UIR
131.075	London, Gatwick	Servisair
131.075	Nationwide	Red Arrows Display Team
131.100	Nationwide	British Airways Packet channel
131.120	Nationwide	American Airlines packet channel
131.150	Shannon	Shannon Control ACC Cork Sector
131.300	Lydd Airport	AFIS
131.300	Prestwick	Scottish Control Stornaway
131.300	RAF Odiham	Approach/Radar 1

131.300	Sumburgh Airport	Radar (N Sea Offshore advisory)
131.350	Edinburgh Airport	ATIS
131.375	Glasgow	Air Canada
131.400	London, Heathrow	Bangladesh, Biman
131.400	London, Heathrow	CSA
131.400	London, Heathrow	Kenya Airways
131.400	London, Heathrow	Trans Mediterranean
131.400	London, Heathrow	Zambian Airlines
131.425	Birmingham International	Allied
131.425	brs	menziesaviation
131.425	Dublin	British Midlands Ops
131.425	London, Gatwick	Air New Zealand Ops
131.425	London, Gatwick	Ogden Aviation Ops
131.425	London, Gatwick	Virgin Ops
131.425	London, Heathrow	British Midlands Ops
131.425	London, Heathrow	Royal Jordanian Ops
131.425	London, Heathrow	Saudi Ops
131.425	Manchester airport	Cathay Pacific Ops
131.450	London, Heathrow	Aer Lingus Ops
131.450	London, Heathrow	Air Canada Ops
131.450	London, Heathrow	Air Malta Ops
131.450	London, Heathrow	Alitalia Ops
131.450	London, Heathrow	BWIA Ops
131.450	London, Heathrow	Cathay Pacific Ops
131.450	London, Heathrow	KLM Ops
131.450	London, Heathrow	Pakistan International ops
131.450	London, Heathrow	Thai Airways Ops
131.450	Prestwick Airport	Air Canada Ops
131.450	Shannon	Servisair
131.475	Dublin	Translift Ops
131.475	London, Gatwick	British Airways Maintenance
131.475	London, Gatwick	Caledonian Ops
131.475	London, Heathrow	All Nippon ops
131.475	London, Heathrow	GB Airways Ops
131.475	London, Heathrow	Maersk Ops
131.475	London, Heathrow	Sabena
131.475	London, Heathrow	Speedbird Control North
131.475	London, Heathrow	TAT Ops
131.475	Nationwide	Canadian Armed Forces
131.500	Cork Airport	Aer Lingus Ops
131.500	Dublin Airport	Aer Lingus
131.500	London, Heathrow	Air France Ops
131.500	London, Heathrow	British Airways Ops
131.500	London, Heathrow	Kuwait Airways Ops
131.525	Luton Airport	London European Airways
131.525	Luton Airport	Monarch Airlines

131.525	Luton Airport	Ryan Air 2
131.525	Manchester Airport	American Ops
131.550	Dublin	Ryanair Ops
131.550	London, Heathrow	British Airways Packet channel
131.550	London, Heathrow	Luxair ops
131.550	London, Heathrow	Ryanair Ops
131.550	London, Heathrow	Springbok Ops
131.575	Belfast (Aldergrove)	British Midland
131.575	Birmingham International	Loganair
131.575	East Midlands Airport	British Midland
131.575	East midlands Airport	Excalibur Ops
131.575	Edinburgh Airport	British Midland
131.575	Geurnsey	British Midland Ops
131.575	Jersey Airport	British Midland Jersey ops
131.575	London, Heathrow	Channel Express Ops
131.575	London, Heathrow	EI AI
131.575	London, Heathrow	Iran Air Ops
131.575	LONDON, Heathrow	Manx Ops
131.575	Plymouth City Airport	Brymon
131.600	East Midlands Airport	UPS Ops
131.600	London, Gatwick	City Flyer ops
131.600	London, Gatwick	TWA Ops
131.600	London, Heathrow	Air Line Ops
131.600	London, Heathrow	Fields ops
131.600	London, Heathrow	TWA Ops
131.625	London, Gatwick	British Airways
131.625	London, Gatwick	British Caledonian
131.625	London, Gatwick	Canadian Pacific Ops
131.625	London, Heathrow	Royal Jordanian Ops
131.625	London, Heathrow	Sabena
131.625	Portishead	Aero Radio Telephones
131.625	Potishead	Aero Radio Telephones
131.625	Shannon	Aerofolt Ops
131.625	Shannon	Aerofolt Ops
131.650	London Heathrow	Japan Airlines Ops
131.650	London, Heathrow	Air Malta Ops
131.650	London, Heathrow	Air Malta Ops
131.650	London, Heathrow	Japan Airlines Ops
131.650	London, Heathrow	KLM Ops Terminal 4
131.650	London, Heathrow	KLM Ops Terminal 4
131.675	Luton Airport	Britannia Airways
131.675	Luton Airport	Britannia Airways
131.680	Guernsey	Aurigny Air Services
131.700	Birmingham International	Air 2000 Ops
131.700	Glasgow	Air 2000 Ops
131.700	London, Gatwick	Jetset Ops

131.700	London, Heathrow	Air 2000 Ops
131.700	London, Heathrow	Crossair Ops
131.700	London, Heathrow	Delta Ops
131.700	London, Heathrow	KLM
131.700	London, Heathrow	Sabena
131.700	London, Heathrow	SAS Ops
131.700	London, Heathrow	Swissair Ops
131.700	Manchester Airport	Air 2000 Ops
131.700	Manchester Airport	SAS Ops
131.700	Manchester Airport	Swissair Ops
131.725	Nationwide	ACARS frequency
131.750	London, Heathrow	Kenya Airways
131.750	London, Gatwick	Continental
131.750	London, Heathrow	Air Uk
131.750	London, Heathrow	Lufthansa Ops
131.750	London, Heathrow	TAP Air Portugal
131.750	Manchester Airport	Aer Lingus Ops
131.775	Birmingham International	Air Foyle
131.775	London, Heathrow	British Airways Ops
131.775	London, Heathrow	CSA
131.775	London, Heathrow	Icelandair
131.775	London, Heathrow	JAT
131.775	London, Heathrow	Korean Air Ops
131.775	London, Heathrow	LOT
131.775	London, Heathrow	Malev
131.775	London, Heathrow	Olympic
131.775	London, Heathrow	Sabena
131.775	London, Heathrow	Aeroflot
131.775	Luton Airport	Air Foyle
131.775	Luton Airport	BA Maintenance
131.775	Stansted	Air Foyle
131.800	Edinburgh Airport	British Airways
131.800	London, Heathrow	British Airways
131.800	Nationwide	Air to Air Common
131.800	Nationwide	Fisheries Protection
131.825	Dublin	Park Aviation
131.825	Jersey Airport	Company Ops
131.825	London, Heathrow	Cathay Pacific Ops
131.825	London, Heathrow	Federal Express Ops
131.850	Aberdeen (Dyce Airport)	British Airways Ops
131.850	Belfast (Aldergrove)	British Airways Ops
131.850	Benbecula	British Airways Ops
131.850	Birmingham International...	Birmingham Executive
131.850	Birmingham International	British Airways Ops
131.850	Cork Airport	Aer Lingus Company channel
131.850	Inverness Airport	British Airways Ops

131.850	Jersey Airport	British Airways Jersey ops
131.850	London, Heathrow	Emirates Ops
131.850	London, Heathrow	Malaysian Airlines
131.850	London, Heathrow	United Ops
131.850	London, Heathrow	Zambian Airlines
131.850	Manchester Airport	British Airways Ops
131.850	Nationwide	British Airways Ops
131.875	London, Heathrow	Qantas Ops
131.875	Manchester Airport	Euro Manx Ops
131.900	London, Gatwick	Air 2000
131.900	London, Heathrow	British Airways Speedbird ops
131.900	London, Heathrow	Conair Ops
131.900	London, Heathrow	TAT Ops
131.900	Prestwick airport	Eastern Airlines Ops
131.925	Birmingham International	Lufthansa
131.925	London, Gatwick	American Airlines
131.925	London, Heathrow	Air India Ops
131.925	London, Heathrow	American Airlines maintenance
131.925	London, Heathrow	American Ops
131.925	London, Heathrow	Servisair operations
131.925	Manchester Airport	Lufthansa
131.950	Dublin	Aer Turas Ops
131.950	London, Heathrow	EI AI
131.950	London, Heathrow	Federal Express
131.950	London, Heathrow	Iberia Airlines Ops
131.950	London, Heathrow	MEA Ops
131.950	London, Heathrow	Nigerian Airlines ops
131.950	London, Heathrow	Olympic Airways Ops
131.950	London, Heathrow	Singapore Airline ops
131.950	London, Heathrow	Viva Ops
131.950	Manchester Airport	Federal Express
131.950	Nationwide	AAC Eagles Air/Air secondary
131.950	Nationwide	Air France Company channel
131.975	Glasgow	British Airways
131.975	London, Heathrow	EI AI
131.975	London, heathrow	Nigerian Airlines ops
131.975	London, Heathrow	United Ops
132.050	London, Heathrow	Departure/TMA
132.150	Shannon	Shannon Control ACC
132.325	Full Sutton	Air/Ground
132.350	Filton (BAe), Bristol	Tower
132.400	Shoreham Aerodrome	ATIS
132.450	West Drayton	London Control
132.475	Cardiff Airport	ATIS
132.550	Luton Airport	Tower
132.600	West Drayton	London Control ACC

132.600	West Drayton	London Control South Approach
132.650	Dover	Fisheries Protection
132.650	Kent	Air Ambulance
132.650	London, Heathrow	Medivac
132.650	Nationwide	Coastguard standby
132.650	Nationwide	Royal Flights
132.650	Oxford	Churchill Hospital helicopter
132.650	RAF Northolt	Queen's Flight Ops D
132.650	Swansea Airport	Air Sea Rescue
132.700	London, City Airport	Approach/Thames Radar
132.700	West Drayton	London Control (Bristol)
132.725	Prestwick	Scottish Control
132.900	Manchetser Airport	Pennine Radar
132.900	Nationwide	CAA Events Approach/Tower
132.900	Wroughton	PFA Arrivals
132.950	West Drayton	London Control
133.000	RAF Mildenhall	100th Refueing Wing
133.100	Cardiff Airport	Tower
133.175	West Drayton	London Control
133.200	Prestwick	Scottish Information
133.300	West Drayton	London Military Radar
133.400	London, Heathrow	
133.400	Manchester Airport	Manchester Air Traffic control
133.450	West Drayton	London Control
133.512	Bristol	Police helicopter ops
133.525	West Drayton	London Control North Sea
133.550	Bristol	Police helicopter ops
133.550	Plymouth City Airport	Approach
133.575	North Sea	Clipper Oil Field
133.575	North Sea	Galleon Oil Field
133.600	West Drayton	London Control (Cardiff)
133.650	Weston on the Green	Weston Radio
133.650	Wroughton	Tower
133.675	Prestwick	Scottish ACC (Entire route)
133.700	Manchester	
133.750	RAF Brize Norton	Talkdown
133.795	West Drayton	Oceanic Track Broadcasts
133.800	Bristol Airport	Tower
133.800	Shannon Airport	N Atlantic Track broadcasts
133.875	North Sea	Barque Oil Field
133.900	West Drayton	London Military Broadcasts
134.025	Farnborough Airshow	Farnborough Tower
134.050	Nationwide	RAF Flight Checker
134.050	RAF Wyton	Approach
134.050	RNAS Culdrose	Approach/Radar
134.050	RNAS Predannack	Culdrose Approach

134.100	Aberdeen (Dyce)	Radar
134.100	Prestwick	Highland Radar
134.125	London, Heathrow	Tower
134.125	Ockham	London Control
134.150	Ballykelly(Army)	Approach (Eglinton Tower)
134.150	Londonderry	Tower
134.150	Shetland	Radar
134.175	East Midlands Airport	Approach
134.175	East Midlands Airport	Approach/Radar
134.225	London, Gatwick	Tower
134.250	RAF Mona	Radar
134.275	Shannon	ACC
134.300	Kemble	Radar (Brize)
134.300	Prestwick	Scottish Military
134.300	RAF Brize Norton	Brize Radar
134.300	USAF Fairford	Centralised Approach Control
134.350	Farborough (RAE)	Approach
134.350	RAF Valley	Radar (LARS and MATZ)
134.350	Weston-super-Mere	Danger Area
134.450	London, Heathrow	London Zone
134.450	West Drayton	London Control (Hurn)
134.475	RAF Mildenhall	Tanker Flights Air/Air
134.500	Filton (BAe), Bristol	Filton Ops
134.500	Nationwide	CAA Events (rarely used)
134.575	Leeds/Bradford Airport	Approach
134.750	Bournemouth	London Control Upper Sector West
134.750	RAF Odiham	Tower/Odiham Information
134.775	Prestwick	Scottish Control
134.800	Belfast (city)	Radar (Belfast)
134.800	Biggin Hill	Tower
134.850	Duxford	Air Display Channel
134.850	Prestwick	Scottish Air Traffic Control
134.875	Nottingham aerodrome	Air/Ground
134.900	West Drayton	London Control
134.925	Cranfield	Tower
134.975	London, Heathrow	Approach
134.975	Nationwide	CAA Test Flights
135.000	Nationwide	CAA Test Flights
135.150	RAF Lyneham	Approach
135.150	RAF West Drayton	London Military R...
135.150	RAF West Drayton	London Military Radar
135.175	Aberdeen International	Information
135.175	Dunsfold Aerodrome	Approach/Radar
135.225	Shannon	Shannon Control Southern Sector
135.250	West Drayton	London Control (Cardiff)
135.275	Nationwide	Dutch Military in UK air space

135.375	London, Gatwick	London VOLMET (Main)
135.375	London, Heathrow	London VOLMET (Main)
135.375	Manchester Airport	London VOLMET (Main)
135.375	Stansted	London VOLMET (Main)
135.375	West Drayton	London VOLMET (Main)
135.400	Clacton Aerodrome	Air/Ground
135.425	West Drayton	London Control
135.475	Nationwide	UK SAFETYCOM Frequency
135.525	Prestwick	Shanwick Oceanic clearances
135.525	Shannon Airport	Shanwick Oceanic ACC clearances
135.575	London, Gatwick	Approach
135.600	Shannon Airport	ACC
135.620	Nationwide	Red Arrow Display Team
135.675	Biggin Hill	ATIS
135.675	Prestwick	Scottish Air Traffic Control
135.675	RAF Cranwell	DATIS
135.700	Lee-on-Solent	Tower (Fleetlands)
135.750	Farnborough	Air Show Approach
135.750	Nationwide	CAA Test Flights
135.850	Prestwick	Scottish Control UIR
135.875	RAF Cosford	Approach
135.875	RAF Cosford	Ground/Tower
135.925	Nationwide	Green March Moroc...
135.950	Blackpool	Approach/Radar
135.950	Nationwide	Army Air Corp Blu...
135.975	Liverpool Airport	Mail flights (Air...
135.975	Nationwide	Army Air Corp Blu...
135.975	Nationwide	Army Air-Air
135.975	Nationwide	Green March Moroccan display team
135.975	Nationwide	Ryanair (Air-Air)
135.975	RAF Fairford	Silver Eagles Display Team
136.000	Nationwide	Battle of Britain Flight
136.050	Dublin Airport	Radar/Control North control South
136.528	London, Heathrow	Thames Radar
136.560	Manchester Airport	Manchester Air Traffic Contol